

[STUFFED PEPPER RECIPE GROUND BEEF](#)



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Stuffed Pepper Recipe with Ground Beef and Rice

The stuffing is made with ground beef, cooked rice, onions and diced tomatoes. Once stuffed, the peppers are baked in the oven until the peppers are soft. I like to cover them with foil and bake in a 350F oven for 25 minutes. After that, I remove the foil and let them bake for another 20 minutes. Stuffed peppers are something that you can make ahead.

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Stuffed Peppers With Ground Beef and Rice Recipe

To ensure the peppers are thoroughly cooked, insert an instant-read thermometer into the center of a stuffed pepper. The minimum safe temperature is 160 F for ground beef, pork or lamb, or 165 F for ground turkey or chicken. The peppers may also be halved horizontally so you have two halves to fill.

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Classic Beef Stuffed Peppers Recipe Allrecipes com

Stir eggs, 3 cups of spaghetti sauce, instant rice, onion, salt, Worcestershire sauce, and black pepper together in a bowl. Crumble ground beef into the mixture and stir until ground beef is thoroughly combined with sauce and rice mixture. Stand peppers in a large baking dish and fill each pepper with beef mixture.

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Ground Beef Stuffed Green Bell Peppers With Cheese Recipe

add rice to beef mixture. Stir in cheese. Stuff peppers with meat mixture. Place in a 10x6x2 baking dish. Bake, covered in a 350 degree oven for 30 minutes. in the last 5 minutes add any remaining cheese to the top of the peppers.

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Ground Beef Stuffed Pepper Skillet I Wash You Dry

Ground Beef Stuffed Pepper Skillet. Start with one pound of hamburger and brown it in a skillet with onion and garlic. Drain the fat then add in some uncooked rice, diced tomatoes, diced bell peppers and plenty of spices. Add in some beef broth then bring the mixture to a boil.

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Beef and Rice Stuffed Bell Peppers Recipe Allrecipes com

Add onion, beef broth, and red pepper flakes; spread out mixture evenly over the bottom. Set prepared bell peppers upright in the dish. Combine ground beef, cooked rice, Parmigiano-Reggiano cheese, 1/4 cup parsley, 2 tablespoons tomato sauce, garlic, salt, and black pepper in a large mixing bowl. Lightly stuff peppers with meat mixture.

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